

Internality, Powerful Others, and Chance

Answer each of the following items by circling the number that best describes your thinking most of the time. When done, follow the scoring directions at the end. Don't worry! There is no best profile or any right or wrong answers.

	<i>Strongly Disagree -3</i>	<i>Disagree -2</i>	<i>Slightly Disagree -1</i>	<i>Slightly Agree +1</i>	<i>Agree +2</i>	<i>Strongly Agree +3</i>
1. Whether or not I get to be a leader depends mostly on my ability.	-3	-2	-1	+1	+2	+3
2. To a great extent my life is controlled by accidental happenings.	-3	-2	-1	+1	+2	+3
3. I feel like what happens in my life is mostly determined by people in authority.	-3	-2	-1	+1	+2	+3
4. Whether or not I get injured depends mostly on how careful I am.	-3	-2	-1	+1	+2	+3
5. When I make plans, I am almost certain to make them work.	-3	-2	-1	+1	+2	+3
6. Often there is no chance of protecting my personal interests from bad luck happenings.	-3	-2	-1	+1	+2	+3
7. When I get what I want, it's usually because I'm lucky.	-3	-2	-1	+1	+2	+3
8. Although I might have good ability, I will not be given leadership responsibility without appealing to those in positions of power.	-3	-2	-1	+1	+2	+3
9. How many friends I have depends on how nice a person I am.	-3	-2	-1	+1	+2	+3
10. I have often found that what is going to happen will happen, no matter what anyone does to try to change it.	-3	-2	-1	+1	+2	+3
11. My life is chiefly controlled by powerful other people.	-3	-2	-1	+1	+2	+3
12. Whether or not I get injured is mostly a matter of luck.	-3	-2	-1	+1	+2	+3
13. People like myself have very little chance of protecting our personal interests when they conflict with those of strong pressure groups.	-3	-2	-1	+1	+2	+3
14. It's not always wise for me to plan too far ahead because many things turn out to be a matter of good or bad fortune.	-3	-2	-1	+1	+2	+3

	<i>Strongly Disagree -3</i>	<i>Disagree -2</i>	<i>Slightly Disagree -1</i>	<i>Slightly Agree +1</i>	<i>Agree +2</i>	<i>Strongly Agree +3</i>
15. Getting what I want requires pleasing those people above me.	-3	-2	-1	+1	+2	+3
16. Whether or not I get to be a leader depends on whether I'm lucky enough to be in the right place at the right time.	-3	-2	-1	+1	+2	+3
17. If important people were to decide they didn't like me, I probably wouldn't make many friends.	-3	-2	-1	+1	+2	+3
18. I can pretty much determine what will happen in my life.	-3	-2	-1	+1	+2	+3
19. I am usually able to protect my personal interests.	-3	-2	-1	+1	+2	+3
20. Whether or not I get into a car accident would depend mostly on the other driver.	-3	-2	-1	+1	+2	+3
21. When I get what I want, it's usually because I worked hard for it.	-3	-2	-1	+1	+2	+3
22. In order to have my plans work, I make sure that they fit in with the desires of people who have power over me.	-3	-2	-1	+1	+2	+3
23. My life is determined by my own actions.	-3	-2	-1	+1	+2	+3
24. It's chiefly a matter of fate whether or not I have a few friends or many friends.	-3	-2	-1	+1	+2	+3

Internality Subscale: Items 1, 4, 5, 9, 18, 19, 21, 23

Powerful Others Subscale: Items 3, 8, 11, 13, 15, 17, 20, 22

Chance Subscale: Items 2, 6, 7, 10, 12, 14, 16, 24

Directions for scoring:

- Add up the eight responses for each scale (for the item numbers associated with each scale)
- Add a constant of 24 to each scale (to eliminate negative sums).
- Each respondent receives three scores (from 0-48) indicating his/her relative standing on each of the three dimensions:

I = ____

P = ____

C = ____

Citation:

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